

North Reading Parks & Recreation

235 North Street,

North Reading, MA 01864

978-357-5216 or 978-664-6016 www.northreadingma.gov/parks-recreation







2022 Spring/Summer Programs

DISCLAIMER. Participating in recreational activities may cause high levels of laughter and fun. It may also result in unforgettable experiences and friendships. Recreation may be habit forming.











Adult and Family Programs

Teddy Bear Picnic

A true North Reading tradition continues. Bring your favorite Teddy Bear or stuffed animal to the picnic for a fun filled morning. Visit the nurses station to get teddy weighed and measured. If teddy is in need of repair, he will be stitched up with tender loving care! Enjoy face painting, crafts, games and more! Bring your lunch and a blanket and picnic on the grass with your teddy at morning's end. Pre registration is strongly urged. This program is generously sponsored by:

PDA Dental Group Reading/Winchester

All children welcome Age: Date: Wednesday, August 17th

Rain date: 8/18 Please check our website for rain

cancellation

Time: 10:30 AM -12:00 PM \$10.00/child pre reg. \$12.00/day off/walk in

Location: Ipswich River Park Pavilion

Adult Summer Boot Camp

This popular interval class mixes calisthenics and body weight exercises with cardio and strength training. Program is designed to be different all the time and push participants harder than they would push themselves. Although instructors will push like drill sergeants, our goal is to offer encouragement and have tons of fun. Prepare for high intensity training!

2 X /week. Tues/Thurs 8 week session

Ages: Adult

Dates: June 28th—August 18th

2 X/week Tues/Thurs

Time: 5:30-6:30 AM Cost: \$130.00

Location: Ipswich River Park Basketball Courts

Men's Basketball

A recreational basketball program for men over 30. This program is a non-competitive pick up program

and consists of games only. 10 week session

Wednesdays, 4/6-6/15 Dates: No program 4/20

7:00-9:00 PM Time: \$85.00 Cost:

High School Gymnasium Location:

Adult/Family First Aid and CPR +

N.R. Parks and Recreation and N.R. Police Department have joined forces to bring first aid and CPR to the community. The program is taught in a very relaxed atmosphere where it is easy for everyone to learn and pass certification. Participants must attend both nights to be certified. 2 night session

Participants must be 16 yrs. or older Dates: Tuesday/Thursday, June 7th and June 9th

Time: 6:00 PM -9:00 PM

Cost: \$60.00 (very limited openings)

Location: Henry Purnell Room at N.R. Police Station

Pickle ball

Similar to ping pong, badminton and tennis, it's a fun active game that can be mastered by anyone! Pickle ball was created during the summer of 1965 and is currently the fastest growing sport in the United States. It is played on a badminton court with net lowered to 34 " and uses a perforated plastic ball and wood or composite paddles. Participants must bring their own paddle to the program. Please find the right program for your skill level. Participants must meet USA Pickle ball requirements for Intermediate level program, see our website for link to USA Pickleball.

Adult Ages:

Location: Town Hall Gymnasium

Beginner learn to play w/instruction: Must be able to run faster than they can walk.

Dates: Tuesdays, April 5th-May 17th

No program 4/19 Time: 5:30-6:30 PM

\$60,00

Beginner open play: Must have taken beginner pickle ball or had some experience playing. No Instruction. Registration required.

Dates: Mondays, 4/25-6/6 (no program 5/30)

Time: 5:30-7:00 PM Dates: Friday, 4/29-6/3 Time: 9:00-10:30 AM Cost: \$60.00

Intermediate: Please check website for require-

ments to play intermediate.

Dates: Thursdays, 4/7-5/19 (no program4/21)

Time: 5:30-6:30

Always check emails or website on inclement weather days before heading out!



Women's Beginner Tennis

Ladies join our Local Tennis Pro for a beginners tennis program. Matt Tiberii has been teaching tennis to all levels from toddlers to adult, beginners to experienced for 18 years with Parks and Rec. His easy going personality makes it a pleasure to learn! Must bring racquet.

Session 1: Spring 7week session Mondays, April 25th-June 13th Dates:

No program 5/30

8:30-10:00 AM Time: \$120.00 Cost:

Location: Ipswich River Park Courts Session 2: Summer 6 week session

Wednesdays, July 6th- August 10th Dates:

Times: 6:00-7:30 PM Cost: \$100.00

Location: NRHS Tennis Courts

Adult Sunset Cardio Tennis

Local Tennis Pro, Matt Tiberii, will join us again this spring to bring his popular tennis course with a twist to North Reading. Learn tennis with a cardio workout and drill playing. You will love this class! This program is geared towards experienced tennis players. Matt, a USPTA Certified Instructor has been involved with our programs since 1998!

Session 1: Spring 7 week session

Dates: Mondays, April 25th- June 13th No Program 5/30

Time: 6:30-8:00 PM Cost: \$120.00

Session 2: Summer 6 week session

Dates: Mondays, June 27th-August 8th

no program 7/4 7:30-9:00 PM, Time: \$100.00 Cost:

Location: NRHS Tennis Courts



SummerScape 2022

Program for children entering 1st-7th grade CIT program for students entering 8th-10th grade



9:00 AM-3:00 PM Monday-Friday June 27th -August 12th (No program 7/4)



IMPORTANT INFORMATION

PLEASE NOTE—We have decided to keep one more season of safe planning with pre-registration and entertainers rather than field trips until we are sure that the pandemic restrictions are over. Our program continues to be fantastic and we hope to get back to a bit more flexibility next year!

- Participants must pre-register for one week minimum. No daily registrations or walk in's.
- Children will stay with the same group of children and counselors all week.
- No Field Trips but we plan to bring some fun entertainment to us!
- Organized free play options
- Before and after care have limited openings and require pre registration at time of weekly registration.

Program outline

• Every Monday is Pay it forward day	A group project each week to pay it forward. Projects may include: animal shelter, seniors, veterans, Project
	Linus, Community Giving Tree & NR food pantry. Mondays also include sports and program activities.

Every Tuesday is Theme Day Theme day is a day of themed fun! **Dress for scheduled theme and earn a camper coin!**

Everybody gets involved with fun ice breaker games that will have us giggling with friends. Make a Week 1 6/27-7/1 Buddy up friendship craft to be shared! Meet one new person today and get a camper coin!

Week 2 7/5-7/8 Tie Dye Tuesday Rainbow treats, tie dye t shirts using sharpies! Tie dye paper using shaving cream! Make galaxy socks <u>Please bring a white t shirt today to dye!</u> Dress in bright colors to get camper coin. (no program 7/4)

7/11-7/15 Mad Science Grab your lab coats and safety goggles because it's always a good time when we make things explode, Week 3 fizz and bubble! New exciting experiments and some of our old favorites!

7/18-7/22 Nature Nuts Week 4 Get on your safari or hiking gear & binoculars to join the fun! Kids will enjoy Tree bark art, nature hunt, bird feeders, nature sun catchers, nature walks & nature wands!

Week 5 7/25-7/29 Candy Land Dress in candy theme or really bright colors or candy necklace or bracelet and get excited for a day full of sweet fun! Kids will play games ALL day long that are candy themed including human piñata race!

Week 6 8/1-8/5 **Gone Country** Grab your boots and hats and gear up for a day of our favorite Gold Rush game complete with Staffbank robbers, sheriffs, search for gold (camper) coins!

Throw on your construction gear because today is touch a truck day! Kids can climb on beep horns, turn on Week 7 8/8-8/12 **Truck Day**

Sirens today at this fun event. We will also have some themed fun to go along with the day!

Today we have special entertainers come on site for some great shows! Check out our calendar. **Every Wednesday is FUN day**

Every Thursday is Water Day Wear your flip flops and bathing suits but be sure to bring change of clothes and sneakers. **Every Friday is Crazy Relay Day** Crazy Relay Day! Be ready to get messy! Tons of slimy, foamy silly fun!

Snack bar Granola bars, crackers, gold fish, candy, chips, fruit snacks and more. All items \$1.00

Camper coins are back! Earn them by donating to pay it forward, dressing in theme on Tuesdays and by being recognized for good deeds or behavior! Coins are awarded at days end at circle time and can be spent at prize bar.

What happens on a typical day at SummerScape?

9:00 AM -Kids arrive and join their group for some ice breaker games.

9:30 AM -2:20 PM Participants will go to their first block of day. Each day has three 90 minute blocks which could include crafts, science,

sports, nature and special events. Kids will travel with the same group and counselor all day/week.

Snack with choice of free play options. 10:30 -11:00 AM 12:00—1:00 PM Lunch with choice of free play options

2:15 PM Participants get back packs, crafts and any personal items and meet at circle time.

2:30 PM All participants join in interactive circle time of games with their group for camper coin awards and announcement for

next day activities.

Participants get dismissed from circle time as parents arrive. 3:00 PM

3:15 PM Participating children are moved to After Care.

IMPORTANT!

Items to remember for the day!

- **Snack and Lunch**
- Masks (optional/not required)
- **Bug spray**
- Sunscreen
- Crazy clothes for theme Tuesdays!
- Bathing suit, towel and flip flops on
- **Thursdays**
- **Earned Camper coins**
- Label everything!
- Reusable water bottles

COUNSELORS IN TRAINING

Become trained and gain skills in a Recreation Sumi Playground program by enrolling to be a CIT. A limited number of registrants will be allowed each week.

Weekly rate: \$50.00/week

M-F 8:45AM to 3:15 PM

Grade (entering) 8: Junior Counselor in Training Grade (entering) 9 & 10: Counselor in Training

Registration Fee One time/non-refundable per CIT - \$20

You will shadow Counselors and Directors. This is a great experience for future job applications, employment interviews or on your college applications.

Before & After Care

Extended SummerScape hours are offered to those who need this additional service.

Participants must be pre-registered at time of weekly registration for this service and are dropped off/picked up at the program loca-

Both

Participants can sign up for morning care, afternoon care or both.

Before and After care is limited to SummerScape participants only.

<u>SummerScape</u> Before and After Care

Weekly

\$195.00/Week No transfers, refunds or credits

ONE TIME MEMBERSHIP FEE: \$20.00 before 6/1/22

\$25.00/ after 6/1/22

This summer we require a minimum of one week registration. Participants must be registered the Friday prior.

(3:00-5:30PM) \$53.00 \$83.00 \$136.00

After

Call 978-664-6016 for scholarship information. Scholarship deadline is June 1st. Applications after that date are considered if funds are

available

P-2

(7:30-9:00AM)

Before





🐇 Pre-School Programs 🦃

Saturday Programs

Pee Wee Soccer

Join your friends and our coaches for the popular sport of soccer. Enjoy non competitive group play including shooting, dribbling, passing and skill related games. 7 week session

Ages: 3-6 years Session 1

Date: Tuesdays, April 26th-June 7th

Time: 12:45-1:30 PM

Session 2

Date: Wednesdays, April 27th—June 8th

Time: 10:00 -10:45 AM

Session 3

Thursdays, April 28th-June 9th Date:

12:45-1:30 PM

Cost: \$72.00

Location: Town Hall Field/Gym

NOTE: Additional sessions offered on Saturday mornings with Challenger Soccer. See Saturday programming.

Little Tikes Hike

Do you like bugs, plants, birds and the outdoors? Come hike the woods, along streams & ponds while learning about hiking safety. Gather items from nature in a scavenger hunt, make a bird feeder or trail mix! Each hike will include a special activity. Explore the exciting AVIS trails all within minutes from your home! All hikes simple enough for toddlers and their caregivers.

5 week session

2 years and older w/adult Ages:

(Younger siblings below the age bracket for program are welcome, but are the complete responsibility of their adult and will not receive supplies)

Dates: Tuesdays, May 10th -June 7th

Time: 10:00-11:00 AM

Cost: \$45.00

Location: Meets weekly @ designated N.R. location

Martial Arts by Elite Freestyle Karate

Elite Freestyle Karate has been serving our community for over 25+ years. This program offers lessons focusing on confidence, leadership, respect and self-discipline. Uniform included. Programs include once/week from schedule choice.

6 week session Ages: 3-4 Dragons Dates: M/W 2:30-3:00 pm

Ages: 5-6 Tigers

Dates: M/W 3:00-3:30 T/Th 5:00-5:30

Sat.12:40-1:10

Ages: 7-11 Youth, 12-15 Teens

(see website for times)

Dates: May2-June 13th

(no program 5/28 and 5/30)

See schedule on our website for times

\$105.00 includes uniform Location: 46 Haven Street, Reading MA.

Wiggles and Giggles

If your tot has a hard time sitting still this is the place for them to be!

Kids and caregivers will enjoy some parachute play each week and then move into some interactive songs, marching bands, silly dancing and some fun with puppets! This session will have kids enjoying new experiences with new friends! 6 week session

18months — 3 years with/adult

Session 1

Date: Mondays April 25th-June 6

No program 5/30

Session 2

Fridays April 29th—June 3rd Date:

Time: 9:00-9:45 am Cost: \$55.00

Location: Recreation Center at Ipswich River Park

Nuts about Nature

Children will meet us outside of our Recreation Center at Ipswich River

Park. From there we will enjoy small hikes in the park and collect some great items from nature and make nature bracelets, bird feeders, kindness rocks and tree rubbings! Our fun continues with some nature themed games. Let's enjoy the outdoors and what we have right in our own back yards! This is an Outdoor program, please dress kids accordingly. Watch your emails before heading out on questionable weather days. Don't worry we will not be destroying any living nature during this program! 7 week session

Age: 4-6 yrs. drop off

Session 1

Wednesdays, April 27th-June 8th Dates:

12:45- 1:30 PM Time:

Session 2

Dates: Thursdays, April 28th-June 9th

Time: 10:00-10:45 AM

\$65.00 Cost:

Location: Outside of Recreation Center at IRP

Skyhawks Mini Hawk-

Soccer, Baseball, Basketball

This multi-sport program was developed to give 5 -6 year olds a positive first step to athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, participants explore balance, hand/eye coordination and skill development at their own pace. Participants should wear appropriate clothing, running shoes, hat; bring a water bottle and sunscreen.

5-6 years Ages:

Dates: Thursdays, April 28th-June 2nd

3:30-4:30 PM Time: Cost: \$85.00

Location: Ipswich River Park small pavilion

Skyhawks Multi Sports Super Tot

Soccer, Baseball, Basketball

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development.

Ages: 3-4 years

Fridays, April 29th-June 3rd Dates:

Time: 10:00-11:00 AM

Cost: \$85.00

Location: Ipswich River Park small pavilion

Books come to life!

Books come to life through crafts, snacks, puppets, songs and movement!

Program will have preschoolers enjoying different books each week and then getting creative with the theme of the book! Kids will be acting out Going on a bear hunt after the book and making bear snacks. We can read Grumpy Owl and make rice cake owls or read A House for Hermit and make a spin art Hermit crab craft! The fun is endless. 6 week session

3-5 drop off Ages:

Session 1

Dates: Mondays, April 25th-June 6th

No program 5/30

Session 2

Dates: Fridays, April 29th-June 3rd

Time: 10:00-11:00 AM

\$55.00 Cost:

Recreation Center at Ipswich River Park Location:

Challenger Sports Tiny Tykes Soccer





North Reading Recreation is

pleased to welcome Challenger Sports to our Saturday Soccer line up this Spring with their Tiny Tykes Soccer program.

program introducing children to the basic skills of soccer. Using fundamental soccer activities and games children will develop their balance, agility and coordination, gross motor skills, social skills and self-confidence. Size 3 soccer ball included. Challenger's coaches have an abundance of experience working with young children and the knowledge of how to make it fun! 7 week session

Join Challenger's expert coaches for this innovative

Ages: 3-6 years

Date: Saturdays, April 2nd - May 21st No Program 4/23

> 51 9:00-9:45 AM 52 10:00-10:45 AM 53 11:00-11:45 AM

S4 12:00-12:45 PM

Cost: \$85.00

Time:

Location: Ipswich River Park Meadow area

Needs Special Programming



Little League Challenger Baseball Adaptive baseball/softball for kids

with special needs. 5-18 years old (boys & girls) Ages:

(or up to 22 yrs. If still enrolled in school)

Dates: May 1st—June 26th

No program Memorial weekend

Sunday mornings 9-10:30 am Times: Location: Benevento Field Little League Complex

247 Central Street, North Reading

Cost: NRLL is waiving registration fee again

this season!

NRLL will follow any CDC or Town COVID protocols as necessary during the season

To Register visit: https://www.nrll.org/

All field usage and equipment donated through **NRLL**

Contact Info: Chris Hanson - Challenger Division

Director Cell-781-439-9031 email-Chrishanson2925@gmail.com

TOPSoccer

A modified version of the game of soccer designed to provide opportunities for children with physical,



cognitive or other challenges. Offering fun, fitness and self-esteem for children with special needs. Each player is paired with a Buddy!

4-19 yrs. Age:

Dates: April 16th - June 4th

No program 4/23 and 5/28

Saturday afternoons, 3:50-5:00 PM Times: Location: Ipswich River Park, 15 Central St, N.R. Cost: \$25/player (covers shirt, and ball)

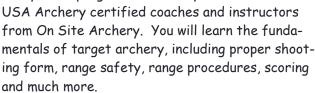
For more info and to Register: nrys.org >>Programs>>TOPSoccer

Email @ TOPS@nrys.org;

April Vacation Programs

On Site Archery

Learn Archery with On Site Archery! Our programs are led by



NO EQUIPMENT - NO PROBLEM! We provide everything you need to participate! Join us for a ton of shooting time and lots of fun!

9-17 yrs. Age:

Date: Tuesday-Friday April 19th -22nd

5-1 9:00-10:00 AM S-2 10:15-11:15 AM

Cost: \$115.00

Location: Town Hall Field

FIRST ThRO Family Day Disc Golf

Have fun with your family while learning one of the fastest growing sports in the country, disc golf! During this clinic you will learn the skills, rules, keep score keeping and course play (on simulated course). All you will need to bring is a bottle of water and the energy to have a great time! Discs will be provided. Must call P&R to register

Ages: 7-99 yrs.

Wednesday, April 20th Date: Time: 10:00-11:30 AM

\$75.00/family up to four members \$25.00 for each additional person Location: Rita Mullin Field, 100 Lowell Rd. NR

Youth Programs Spring

Skyhawks Street Hockey

Score a winning goal with our NEW Street Hockey program! Coaches teach the key

concepts of passing, shooting, defense, stick handling and speed in a safe, non-checking environment. Designed for beginning and intermediate players, this program teaches new skills, builds confidence and instills valuable life lessons such as teamwork, sportsmanship and respect.

7-12 years Age:

Date: Sundays, May 1st- June 12th

No program 5/29 2:00-3:00 PM Time: \$85.00

Location: Ipswich River Park Street Hockey Rink

Skyhawks - Multi Sports

Multi-sport classes are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as respect and teamwork.

Participants should wear appropriate clothing, shin Have fun learning one of the fastest growing guards (optional) and running shoes. Bring a water bottle, a baseball glove and sunscreeen.

7-12 years

Thursdays, April 28th-June2 Dates:

4:45-5:45 PM Time: Cost: \$85.00

Location: Ipswich River Park small pavilion

Healthy Kids running series

NRP&R is joining Hood School PE Teacher Mr. Quinlan to bring back the popular Healthy Kids Running Series to North Reading! Healthy Kids Running Series is a national, community-based nonprofit that provides a fun, inclusive, five-week running series for ages 2-14 designed to get kids active, build self-esteem and lay the foundation for a healthy lifestyle. All state and local COVID safety guidelines will be followed. Starts Sunday 5/1/22 Register by 4/10 for discounted price! To register go to:

https://runsignup.com/hkrsnorthreading?remMeAttempt=

Skyhawks Beginning Golf

Participants will learn the fundamen-

tals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Age: 5-8 years

Date: Sundays, May 1st—June 12th

No program 5/29

1:15-2:15 PM Time:

Cost: Rays Meadow at Ipswich River Park (field at front entrance to park)

USTA Tennis

The tennis program where kids play while they learn! We are so excited to add to our tennis offering this year with programs from (USTA) United States Tennis Association! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engag-

ing activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket, tennis ball, and a program tee shirt!

No program 5/29 1st- 2nd grade 1:00-2:00 red ball 2:15-3:15 3rd -5th grade orange ball 3:30-4:30 6th -8th grade green ball

Sundays, May 1st- June 12th

Cost: \$80.00 HS Tennis Courts Location:

On Site Archery

Dates:

Learn Archery with On Site Archery! Our programs are led by USA Archery certified coaches and instructors from On Site Archery. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring and much more. NO EQUIPMENT - NO PROBLEM! We provide everything you need to participate! Join us for a ton of shooting time and lots of fun! 5 week program

Age: 9-17 yrs.

Date: Thursdays, March 31st-May 5th

> No program 4/21 51 3:00-4:00 PM 4:15-5:15 PM

Cost: \$140.00 Location: Town Hall Field

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FIRST ThRO Disc Golf Youth Clinic

sports in the country, disc golf. During this clinic you will earn the skills, rules, score keeping and course play (on simulated course). All you will need to bring is a water bottle and the energy to have a great time! Discs will be provided.

Session 1:

Time:

7-10 Ages: Time: 3:30-4:30 pm

Session 2:

11-13 Ages: Time: 4:45-5:45 pm

Wednesdays, April 27th- May 25th Dates: Cost:

Location: Ipswich River Park, Rays Meadow @

park front, 15 Central St. NR

Enrichment Summer Programs

Hillview C.C.

Jr. Summer Golf Lessons

Kids ages 9-13 years come together with Hillview's golf pro, Chris Carter, and his staff to learn the fundamentals of golf. Everyone will have fun while learning grip, stance, set-up, swing and much more. One day of class will be played on the golf course. Clubs provided. 3 day session

Ages: 9-13 years 9:00-11:00 AM Time:

Cost: \$110.00

Location: Hillview Country Club

Session 1:

Date: Tuesday, Wednesday and Thursday

July 5th, 6th, 7th

Session 2:

Date: Tuesday, Wednesday and Thursday

August 2nd, 3rd, 4th

Challenger Sports British Soccer

Challenger's British Soccer Summer Camp is the most popular camp in the country. With an innovative curriculum that develops skills, speed and confidence in players of all ages and abilities, British Soccer Camps provide boys and girls with the rare opportunity to receive high-level soccer

coaching from a team of international experts right in the heart of their own community. In addition to teaching new skills and improving game performance, each British Soccer Camp provides lessons in character development, cultural education and is the most fun your child can have learning the sport they love. The Half-Day Camp emphasizes upon individual skill development, core techniques and small sided games. The Full-Day Camp is a more advanced camp for serious players which focuses on game related techniques,

Register through Challenger Sports @www.registration.challengersports.com.

tactical development and coached match play.

Dates: Session 1 Monday—Friday July 11th-15th Session 2 Monday-Friday August 15th-19th

Tiny Tykes soccer

Ages: 4-6 years 8:00-9:00 AM Time: Cost: \$85.00 Half Day Soccer Camp Ages: 7—14 years

(grouped by age & skill level)

9:00 AM-12:00 PM Time:

\$170.00 Cost: Full Day Soccer Camp 7-14 years Ages:

(grouped by age & skill level)

9:00 AM-4:00 PM Time:

Cost: \$225.00 Location: Ipswich River Park Pavilion

EMPORTANI

Sports camps/ programs require a recent physical submitted prior to the start of the program. Children must bring snacks and/or lunch to all programs. Please remember sunscreen and water bottles.

Summer Fun Continued

SKYHAWKS PROGRAMS



Street Hockey

Score a winning goal with our NEW Street Hockey program! Coaches teach the key concepts of passing, shooting, defense, stick handling and speed in a safe, non-checking environment. Specifically designed for beginning and intermediate players, this program teaches new skills, builds confidence and instills valuable life lessons such as teamwork, sportsmanship and respect.

Age: 7- 12 years

Monday—Friday July 18th-22nd Date:

Time: 9:00 AM-12:00 PM

Cost: \$169.00

Location: Ipswich River Park Street Hockey Rink

Multi Sports - Soccer, Baseball, Basketball

Multi-sport classes are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as respect and teamwork. Participants should wear appropriate clothing, shin guards (optional) and running shoes. Bring a water bottle, a baseball glove and sunscreeen.

Ages: 7-12 years

Dates: Monday—Friday July 18th-22nd

9:00 AM-12:00 PM Time:

Cost: \$169.00

Location: Ipswich River Park small pavilion

Mini Hawk- Soccer, Baseball, Basketball

This multi-sport program was developed to give 5 to 6 year olds a positive first step to athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, participants explore balance, hand/eye coordination and skill development at their own pace. Participants should wear appropriate clothing and running shoes; bring a water bottle and sunscreen/hat.

5-6 years Ages:

Dates: Monday—Friday July 18th-22nd

Time: 9:00 AM -12:00 PM

\$169.00 Cost:

Ipswich River Park small pavilion Location:

Multi Sports Super Tot

Soccer, Baseball, Basketball

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development.

Ages: 3-4 years

Dates: Monday—Friday July 18th-22nd

Time: 8:00-8:45 AM Cost: \$105.00

Location: Ipswich River Park small pavilion

T-Ball

Skyhawks baseball takes the rich history of the game from Cooperstown to your town. Our progressional curriculum teaches the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment by local Skyhawks staff. All athletes regardless of skill level will learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility. All participants will come away with new friends, new skills and love for the game! This age group is played in the T-Ball format.

4-6 years Age:

Monday-Friday June 27th-July 1st Date:

Time: 9:00 AM-12:00 PM

Cost: \$169.00

Ipswich River Park small pavilion Location:

Night Flag Football League

Every Tuesday this summer, NRP&R & New England Flag Football are running

a flag football league and developmental program. Flag Football is a fun, non contact game to keep your kids outside and active through the summer. Kids receive a t-shirt and a flag belt!

5 week session

Session 1 Ages: 5-10 years, boys and girls (Grouped by U-6, U-8, U-10 or skill level)

Time: 5:30-7:00 PM

Session 2 Ages: 11-14 years, boys and girls

Time: 7:00-8:30 PM

Tuesdays, July 5th- August 2nd Dates:

Cost:

Location: Arthur J. Kenney Turf Field @ NR

Recreation Hornet Hoops Basketball Clinic

NRHS teacher and former Arlington HS basketball coach Kevin Lentini in bringing "Hornets Hoops" basketball clinic to NR again this summer! This four day clinic focuses on skill development for players of all ages in a fun, competitive learning environment. Younger players will build foundational skills such as ball handling, passing and shooting. Older players will receive expert skill development including advanced ball handling, post moves, 3 point shooting mechanics, shot selection and man to man defensive concepts. At all levels there will be a combination of skills, drills and live scrimmages. Kevin is a top 5 all time leading scorer at NRHS. He played Varsity Basketball at

Bates College. 4 day session Age: Boys and Girls ages 8-15

Session1:

Date; Monday-Thursday July 18th-21st

Session2:

Date; Monday-Thursday July 25th-28th

Time: 9:00 AM-3:00 PM Cost: \$240.00

Location: North Reading High School Gym

On Site Archery

Our programs are led by

USA Archery certified coaches and instructors from On Site Archery. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring and much more. No equipment-no problem! We provide everything you need to participate! Join us for a ton of shooting time and lots of fun! Beginners and experienced welcomed!

Age: 9—17 yrs.

Date: Monday-Thursday, July 11th-14th

Time: S 1 2:00-3:00 PM 5 2 3:15-4:15 PM

Date: Monday—Thursday, August 1st-4th

53 2:00-3:00 PM Time: 54 3:15-4:15 PM

Cost: \$115.00

Location: Town Hall Field

Rec. Youth Volleyball Academy

North Reading Recreation is bringing back Youth Volleyball Summer Academy. NRHS coaches and players will share their knowledge and enthusiasm for the sport they love to play. The Volleyball Academy will teach basic skills, as well as the more competitive side of volleyball. Groupings may be determined by level of play to allow for the most appropriate experience for all players. Get ready to bump, set, and spike your way into this fun filled and competitive sport!

4 day session

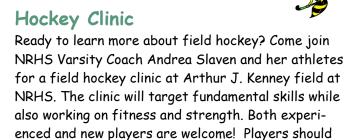
Ages: Boys and Girls entering Grades 5-9 Dates: Monday—Thursday, August 8th-11th

Time: 9:00 AM-12:00 PM

Cost: \$130.00

Location: NR High School Gymnasium

Recreation Field



bring their own sticks, shin guards and a mouth guard

sticks available. Ages: Entering 2nd grade —entering 8th grade

to each practice. We will have a limited amount of

(Grouped by age & skill level)

Dates: Monday-Thursday, August 1st-August 4th

Time: 9:00 AM-11:00 AM

Cost: \$80.00

Location: Arthur J. Kenney Turf Field @ NRHS

Girls Summer Lacrosse Clinic

Time to put the FUN in fundamentals. Brand new to the sport, or experienced, at the NR Girls Youth Lacrosse Clinic we will help our participants develop an understanding of Lacrosse through competitive games, skill development and just having fun! We look forward to having you there!

Age: 6-14 yrs.

(participants will be grouped by age bracket)

Time: 3:30-5:00 PM Cost: \$60.00

Date: Tuesday-Friday, June 21st-June 24th Location: Arthur J. Kenney Turf Field @ NRHS

Rec. Track & Field Program

Join North Reading Parks & Recreation and North Reading High School Track Coaches, Sotirios Pintzopoulos, Thomas Ledoux and

Joshua Rocco for five mornings, starting June 21 and ending June 25 from 9:00am-12:00pm at the Arthur J. Kenney track and field complex at North Reading High School. Each morning's sessions will consist of 3 hours of expert instruction from High School coaches and athletes, which will include a 15 minute warmup routine, five 30 minute stations working on the different event areas of track and field with break times as needed. Instruction will include event rules, proper techniques, safety issues, and insights into gaining the "competitive edge." Registrants will be divided into groups based on grades. Grades will be based on 2020-2021 enrollment. All participants will receive a t-shirt at the conclusion of the program

Grades K-8 (grade completed 2022) Age: Dates: Monday-Thursday June 27th - 30th

Time: 9:00 AM- 12:00 PM

\$100.00 Cost:

Location: Arthur J. Kenney T&F Complex @ NRHS







Tennis in the Parks

The tennis program where kids play while they learn!



Led by an ap-

proved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, ageappropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker!

All players in their first session receive and keep a new age-appropriate racket, tennis ball, and a program tee shirt!

This program is 1 X/week for 6 weeks

Session 1: Tuesdays, July 5th—August 9th

Ages: entering 1st-2nd grade in fall

Time: 9:00- 10:00 AM

Ages: entering 3rd—5th grade in fall

Time: 10:15-11:15 AM

Ages: entering 6th-8th grade in fall

Time: 11:30 AM- 12:30 PM

Session 2: Wednesdays, July 6th—August 10th

Ages: entering 1st-2nd grade in fall

Time: 1:00-2:00 PM

Ages: entering 3rd-5th grade in fall

Time: 2:15-3:15 PM

Ages: entering 6th-8th grade in fall

Time: 3:30-4:30 PM

Cost: \$80.00

Location: NR High School Tennis Courts

Watch emails for any programs added after dates of registration opening.

We hope to bring more tennis options your way soon.







Wicked Cool Minecraft Mania

Minecraft Mania is a blend of virtual learning and companion, hands-on activities that explore science and

engineering using the Minecraft game. Use an interactive avatar to investigate a game based educational environment. Engage in both computer and real world activities covering geology, engineering, physics, and biology. Learn about the properties of rocks and minerals and take home your own rock collection. Use your skills to build skyscrapers and simple machines and plant your own crops in fun experiential trials.

Age: 5-11 yrs.

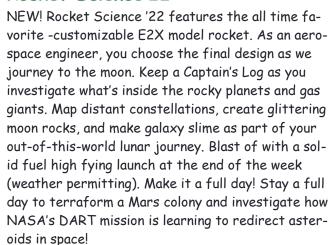
Date: Monday-Friday, July 11th-15th

Time: 9:00 AM-3:00 PM

Cost: \$355.00

Location: Recreation Center @ IRP

Wicked Cool Rocket Science'22



Age: 5-11 yrs.

Date: Monday-Friday, August 22nd-26th

Time: 9:00 AM-3:00 PM

Cost: \$355.00

Location: Recreation Center @ IRP

A NOTE FROM THE RECREATION DIRECTOR

With both happiness and sadness I am writing my last "Note from the Director". I am retiring on 3/31/22 to enjoy more time with my family. Having raised children to be confident, follow their dreams and to spread their wings, ours have! All of our grandchildren are out of state and my heart is pulling me to spend more time with them than a full time career would allow.

Working with the families of North Reading and specifically the children has been the most fulfilling career I could have ever wished for! My love of this community has grown with each year I have lived, worked and volunteered here. I want to thank you all for making this the most wonderful 20 years!

I leave you in good hands with the most supportive and professional department I have ever worked with. I am so pleased to announce that the current programmer, Nancy Ursino will be the new Recreation Director. Nancy is so excited to take on this responsibility. Nancy's commitment and love for this community may even exceed mine if that is possible! I know she will continue to bring great programs as well as bring some new ideas to N.R. Recreation.

Please take a minute to congratulate Nancy next time you see her at one of our programs or events.

I will miss you all but will keep the fondest memories with me!

Thank you,



Ipswich River Park Gazebo, 15 Central Street, North Reading Wednesdays



June 26th **thru** July 27th
BBQ begins at 5:00 P.M.

Reading
Cooperative
Bank

EXCLUSIVE CHILDREN'S ENTERTAINMENT SPONSOR



	begins 5.15FM	Begins 6.00FM
<u>Dates</u>	Children's Performer	Band Performer
	Sponsored By:	Sponsored By:
Please note that		d re-scheduling, check our website for up-to-date details.
	WWW.NORTHREADINGMA.GO	DV/PARKS-RECREATION
	Piazza Flying Frisbee Dogs	Jumpin' Juba
6/29/22	Frisbee Catching Dog Show	Classic Blues Music
	Reading Cooperative Bank	Geri Farrelly Realty Group
	** 7/6/22 - NO BBQ OR E	NTERTAINMENT **
	Happy 4 th of Ju	uly Week!
	Henry the Juggler	Backyard Swagger
7/13/22	Juggling Act	Country Music
	Reading Cooperative Bank	PDA Dental Group
	YoYo Show	RipChord
7/20/22	Fun with YoYos	Classic Rock
	Reading Cooperative Bank	Classified Realty
	Magic by George	RBP Project
7/27/22	Magic Show	Classic Rock 'n Roll
	Reading Cooperative Bank	Bark-n-Roll/Rock-n-Rescue
	Special Thanks to Stop &	Shop North Reading

Special Thanks to Stop & Shop, North Reading
There is a \$3.00 per car event fee to support Ipswich River Park.



~ Bring a comfy chair or blanket ~
GREAT BBQ Food, Ice Cream, Music, Dancing, Friends & Fun!

General Information

REGISTRATION:

Accepted @

www.northreadingma.gov/parks-recreation In person at Town Hall, Parks & Recreation Office, 235

North Street, North Reading Over the Phone, 978-664-6016

Registrations will not be processed without full payment. We accept MasterCard/Visa & Discover, Cash, Checks made payable to: Town of North Reading

AGE REQUIREMENTS:

If a minimum age is specified for a program, a child must be of that age by the end of the program.

If a school grade requirement is specified for a program, it refers to the grade they are currently in or if summer program, then for grade will be entering.

Refunds, Credits and Transfers:

Refunds and Credits are only issued based on the Registration Withdrawal Policies.

Refunds are only issued by check back to the customer. Refunds take approximately 2 to 4 weeks.

Transfers are considered withdrawals and are subject to Registration Withdrawal Policies.

Credits to your account are issued based on withdrawal policies but are considered refunds.

Vendor programs, summer programs and trips have their own withdrawal/refund and cancellation policies.

POLICIES & PROCEDURES

REGRISTRATION WITHDRAWAL POLICIES: Two Calendar Weeks Prior To Start of Program

We will issue a check refund for the cost of the program less a \$10/withdrawal fee.

One Calendar Week Prior to Start of Program

We will issue an account credit less a \$10/withdrawal fee (credits do not expire but will not be refundable).

Less Than One Calendar Week Prior to Start of Program or After Program has Started

There will be **No Refunds** or **Credits** issued.

Medical Withdrawals

Should a participant need to withdraw from a program due to a major injury/illness after the withdrawal period has passed or program start, we will issue a Refund only if a Doctor's note is submitted within 5 days of notification but No refunds or credits will be issued if notification is made after the program has ended.

- 1) Medical Withdrawals are allowed for major injury or major illness which is defined as not able to participate in the program. Common colds, ear, nose & throat infections and general distress will not be covered under a medical withdrawal.
- 2) Refunds will be pro-rated for any dates that the participant has attended.

PROGRAM, TRIP & SPECIAL EVENT **CANCELLATIONS:**

Nothing spoils a good program, trip or event faster than waiting until the last minute to register.

North Reading Parks & Recreation reserves the right to set minimums and maximums for all programs, trips and special events and may cancel due to insufficient registrations to run the program. We reserve the right to change the date, time or location of any program because of unforeseen circumstances.

If a Program is cancelled by North Reading Parks & Recreation due to low enrollment;

We will notify you by e-mail of the cancellation and a full credit will be placed on your account to be used by any household member. Should you prefer a refund check, please respond to the e-mail promptly.





WEATHER & OTHER CIRCUMSTANCE **CANCELLATIONS/POSTPONEMENTS**

We make every effort to run programs, trips and special events on the day they are scheduled. However, circumstances occur where the weather doesn't cooperate or an Instructor may not be able to attend. We make efforts to find alternative locations or Instructors but if that isn't achievable, we may have to cancel.

North Reading Public Schools Weather Closures:

If North Reading Schools calls a weather closure for the day; Recreation programs & special events are cancelled for the day and evening.

If North Reading Schools calls a weather early dismis-

Recreation programs & special events will not run after the dismissal time.

If North Reading Schools call a weather late opening; Recreation programs before noon will be cancelled.

North Reading Parks & Recreation Cancellations/Postponements:

If we have a cancellation due to weather or other circumstance:

We send out an e-mail and post to our website. Please check your e-mails, as it may cancel OR change a location.

We will make every effort and attempt to make up cancelled program and special event dates by adding dates (some at the end of a session) but we cannot guarantee all program dates will be made up. In the instance that no make-up can be achieved a credit will be made to your account.

If a trip is cancelled by us due to weather or other circumstance, a full refund will be issued.

Weather Policy: Multi-day outdoor **Summer Clinics** rely on fair weather conditions. When conditions are not considered ideal whether it be heat/cold/rain, North Reading Recreation and the Vendor work together for a solution. However, sometimes not all hours or days can be made up. When that occurs, there are no refunds or cred-

TRIPS:

Trips run and organized by North Reading **Recreation:**

Due to the nature and commitment of bus contracts a refund will be granted only;

Day Trips - Three weeks prior to the date of the trip.

Trips run through a Travel Agency:

Since trips have different destinations with carriers of plane, ship, train and bus and also require hotels, food, entertainment tickets and the like, each trip carries its own **refund policy**. Please see the details of the refund on our website for that particular trip. You will also be asked to agree to the withdrawal and refund policy when electronically registering, over the phone or in person.

DISCOUNT TICKETS

All tickets are FINAL SALES and no refunds or credits are given.

VENDOR PROGRAMS:

North Reading Recreation contracts with some fantastic vendors who offer expert instruction, top of the line materials and many take home completed projects. Due to the requirement of the vendor to plan and schedule instructors and have the appropriate amounts of materials, they may have their own refund policy that is specific to their programs. Please inquire at time of registration for specific

Kid Connection, & Summerscape

Due to the affordable options available, once a registration or field trip fee has been paid, there will be; No Refunds, No Credits or Transfers.





Committee Members

Ron Kern, Chairperson Billie Luker, Vice Chairperson Rita Mullin, Clerk Sergio Coviello Patricia Fillmore Mike Fitzpatrick, Sheila Sturdevant

Staff:

Marty Tilton, Parks Director/DH Nancy Ursino, Recreation Director Maria Brown, Operations Director Heidi Veader, Administrative Assistant Rebecca Lowe, Instructor Debbie Aldrich , Instructor Mike Marciano, Parks Foreman Brian Auld, Parks Equipment Operator Rich Giordano, Parks Maintenance



We encourage residents of varying abilities, disabilities to participate in our programs.

If you require an accommodation, please call the office prior to the start of the program.



OOPS! Despite our best efforts, errors sometimes make it into print. We apologize for any inconvenience these errors may cause.

Sponsor A Child:

Do you want to help?

We accept donations to send a child to a Recreation program. We try to help whenever we can, but with limited scholarship funding and increasing demand for scholarships we cannot fund all re-

quests.



Your generosity could make a difference in a child's life. Donate on our registration page.

Donations can be made on our registration page with several different monetary options

